4th Annual HEART iN DIABETES
Where the Heart, Kidney and Diabetes Meet in Clinical Practice

June 26–28, 2020
Grand Hyatt Hotel
New York, NY

www.HEARTiNDIABETES.com
PROGRAM 2020

FRIDAY JUNE 26, 2020

9:00am – 1:30pm  Registration

12:00PM – 1:00PM  NON-CME LUNCH SESSION
TBA
Supported by: Amarin
Speaker: TBA

12:15PM  EXHIBIT HALL OPENS
1:15pm – 1:25pm  Welcome & Introduction
Yehuda Handelsman, MD • Mikhail N. Kosiborod, MD
1:25pm – 1:35pm  Pre-CME Questions

SESSION 1  WOMEN & CVD
Chairs: Daniel Einhorn, MD • Norman E. Lepor, MD
1:35pm – 1:55pm  Cardiovascular Disease Risk Reduction in Menopausal Women
Gina P. Lundberg, MD
1:55pm – 2:15pm  Gender Differences in Cardiovascular Imaging
Matthew J. Budoff, MD
2:15pm – 2:35pm  Sex Differences in DM & CVD Across Outcome Studies
Neha J. Pagidipati, MD
2:35pm – 2:55pm  Q+A Panel Discussion

SESSION 2  HEART IN DIABETES WITH CIRCULATION
Chair: Biykem Bozkurt, MD, PhD
2:55pm – 3:05pm  Introduction
Biykem Bozkurt, MD, PhD
3:05pm – 3:20pm  GLP1ra Exenatide and Heart Failure Outcomes
Robert J. Mentz, MD
3:20pm – 3:35pm  The Diabetes Paradox in Aortic Aneurysm
Joshua Beckman, MD

3:35PM – 4:05PM  REFRESHMENT BREAK AT EXHIBIT HALL

4:05pm – 4:20pm  Glycemic Control, Cardiac Autoimmunity, and Long-Term Risk of CVD in T1DM
Myra A. Lipes, MD
4:20pm – 4:35pm  Can We Predict Who Can Benefit from SGLT2i in Heart Failure? Heart Failure Risk Stratification and Efficacy of SGLT2i in Patients with T2DM
Benjamin M. Scirica, MD
4:35pm – 4:50pm  Sugar and Artificially-Sweetened Beverages and CVD Risk - Reason for Concern?
Alice H. Lichtenstein, D.Sc
4:50pm – 4:55pm  Wrap-up/Ask the Editor
Biykem Bozkurt, MD, PhD

SESSION 3  CONTEMPORARY CONCEPTS & MANAGEMENT OF DM & ASCVD
Chairs: Laurence Sperling, MD • Nikolaus Marx, MD
4:55pm – 5:15pm  Epigenetic Modification to Reduce CVD in People with DM
Kausik Ray, MD
5:15pm – 5:35pm  The Surgical Management of CAD in DM
Michael E. Farkouh, MD
5:35pm – 5:55pm  Update on CVOTs
Michael H. Davidson, MD
5:55pm – 6:05pm  Cardio-Metabolic Centers Alliance
Mikhail N. Kosiborod, MD
6:05pm – 6:30pm  Q+A Panel Discussion/Post-CME Questions

6:30PM – 7:30PM  WELCOME AND POSTERS RECEPTION AT EXHIBIT HALL

7:30PM – 8:30PM  NON-CME DINNER SESSION
TBA
Supported by: Abbott
Speaker: TBA

SATURDAY JUNE 27, 2020

7:00AM – 8:00AM  REGISTRATION • CONTINENTAL BREAKFAST AT EXHIBIT HALL
8:00am – 8:10am  Pre-CME Questions

SESSION 4  GLP1-RA IN ASCVD & THE KIDNEY
Chairs: Stefano Del Prato, MD • Richard E. Pratley, MD
8:10am – 8:30am  Mechanistic Insights into Cardiovascular Effects of GLP1-ra
Nikolaus Marx, MD
8:30am – 8:50am  GLP1-ra Impact on the Kidney
Mark E. Cooper, AO, PhD
8:50am – 9:00am  Role of GLP1-ra in Trials in HF Patients
Javed Butler, MD
9:00am – 9:15am  Q+A Panel Discussion

SESSION 5  TECHNOLOGY & DIGITAL HEALTH
Chairs: Christos S. Mantzoros, MD, PhD • Robert J. Chilton, DO
9:15am – 9:35am  Artificial Intelligence - The Future Management of CVD & DM
Irving K. Loh, MD
9:35am – 9:55am  The Implication of Digital Health for Cardiometabolic Conditions
Michael P. Snyder, PhD
9:55am – 10:15am  Is There an App for That? Role of Devices on Diabetes and CVD Management
George Grunberger, MD
10:15am – 10:30am  Q+A Panel Discussion

10:30AM – 11:00AM  REFRESHMENT BREAK AT EXHIBIT HALL
### Session 6: Controversies in Lipid Management
**Chairs:** Paul S. Jellinger, MD • Kausik Ray, MD

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<th>Time</th>
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<td>11:00am</td>
<td>Back to the Future in Lipid Management</td>
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<td>Should High Triglycerides Be Managed in Addition to a Statin &amp; EPA?</td>
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**Debate: Should Treatment with PCSK9i Be Reserved for LDL > 100**

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**12:40PM – 1:40PM**
**Non-CME Lunch Session**
*Industry Supported: TBD*
*Speaker: TBD*

### Session 7: Advances in Anti-Thrombotics in Diabetes
**Chairs:** Deepak L. Bhatt, MD • Michael H. Davidson, MD

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<td>1:40pm</td>
<td>Insights on Anti-thrombotic Strategies in Diabetes from THEMIS and THEMIS PCI</td>
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<td>Anti-Thrombotic Therapy in Diabetes</td>
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**2:55PM – 3:30PM**
**Award Presentation “Luminary in Cardiometabolic Medicine”**
*Presented by: Deepak L. Bhatt, MD • Mikhail N. Kosiborod, MD • Yehuda Handelsman, MD*
*Key Note: SGLT2i and the Birth of 2 Paradigm Shifts in Clinical Care*
*Eugene Braunwald, MD*

### Session 8: The Liver & The Heart
**Chairs:** Derek LeRoith, MD, PhD • Matthew R. Weir, MD

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<td>4:00pm</td>
<td>NAFLD &amp; the Heart as a Part of the Spectrum of Cardiometabolic Risk</td>
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<td>Emerging Management Options for NAFLD/NASH - Impact on Cardiometabolic Outcomes</td>
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<td>Q/A Panel Discussion</td>
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### Session 9: Heart in Diabetes with JACC
**Chairs:** Michael E. Farkouh, MD

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<td>4:50pm</td>
<td>Introduction</td>
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<td>5:00pm</td>
<td>Atrial Fibrillation and Diabetes Mellitus</td>
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<td>5:15pm</td>
<td>Health-Related Quality of Life in Comorbid HfPfEF and DM</td>
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<td>Lipoprotein(a) Concentration and Risks of Cardiovascular Disease and Diabetes</td>
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<td>SGLT2 Inhibition and Cardiorenal Protection</td>
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<td>6:00pm</td>
<td>Individualizing Revascularization Strategy for Diabetic Patients with Multivessel CAD</td>
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<td>Wrap-up/Ask the Editor</td>
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**6:30PM – 7:30PM**
**Non-CME Dinner Session**
*Industry Supported: TBD*
*Speaker: TBD*

### 7:30PM – 9:30PM CME Dinner Symposium: The Prevention and Management of Heart Failure
**Chairs:** Yehuda Handelsman, MD • Javed Butler, MD

**Supported by: AstraZeneca**

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<td>7:30pm</td>
<td>Introduction/Pre-CME Questions</td>
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<tr>
<td>7:45pm</td>
<td>Epidemiology and Pathophysiology of HF</td>
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<td>8:05pm</td>
<td>Preventing HF &amp; HF Adverse Outcomes: A Look at the Evidence</td>
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<td>The Present and Future Management of HfPfEF and HfPEF</td>
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<td>8:45pm</td>
<td>Panel Discussion and Q&amp;A: Practical Management of HF — Case-Based</td>
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<td>9:15pm</td>
<td>Post-CME Questions/Concluding Remarks</td>
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*Panel:
Biyakom Bozkurt, MD, PhD • Yehuda Handelsman, MD • Mark Kearney, MD • Mikhail N. Kosiborod, MD • Christian W. Mende, MD • Muthiah Vaduganathan, MD
*Moderator: Javed Butler, MD*
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<td>8:00am – 8:10am</td>
<td>Pre-CME Questions</td>
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<td>8:10am – 8:15am</td>
<td>ORAL ABSTRACT WINNERS AWARD PRESENTATION</td>
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<td>SESSION 10</td>
<td>MANAGEMENT OF HYPERGLYCEMIA TO IMPROVE OUTCOMES</td>
<td>Preventing Diabetes to Prevent CVD: Is It Chicken or Egg? (or Turkey?!)</td>
<td>Zachary T. Bloomgarden, MD • Peter J. Grant, MD</td>
<td>Silvio E. Inzucchi, MD</td>
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<td>Managing Hyperglycemia in T2DM with CKD 4-5</td>
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<td>Vivian A. Fonseca, MD</td>
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<td>The Combination of SGLT2i and GLP1-ra's Impact on CVD</td>
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<td>Ralph A. DeFronzo, MD</td>
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<td>Adjunctive Therapies for Type 1 Diabetes: Thinking Beyond Glucose Control</td>
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<td>Richard E. Prattley, MD</td>
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<td>THE TREATMENT OF DIABETES</td>
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<td>THE KIDNEY &amp; THE HEART</td>
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<td>The Role of Sodium Restriction in HF in Type 2 Diabetes</td>
<td>Mark E. Cooper, AO, PhD • Christian W. Mende, MD</td>
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<td>Effect of SGLT2i on BP and CKD Progression: Is it Dependent or Independent of BP?</td>
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<td>How Do SGLT2i Reduce Cardiovascular Outcomes and Atrial Fibrillation</td>
<td>Matthew R. Weir, MD</td>
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<td>Impact of Kidney Function on Mortality in the CVOTs</td>
<td>Subodh Verma, MD, PhD</td>
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<td>Q+A Panel Discussion</td>
<td>George L. Bakris, MD</td>
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<td>HEART FAILURE: STATE-OF-THE-ART</td>
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<td>Impact of Blood Pressure Variability on CHF</td>
<td>Matthew J. Budoff, MD • Vivian A. Fonseca, MD</td>
<td>Peter Reaven, MD</td>
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<td>HF in DM- Is it Morbidity Not Mortality We Need to Focus on?</td>
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<td>Mark Kearney, MD</td>
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<td>Physiologic Monitoring of Heart Failure</td>
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<td>Robert J. Chilton, DO</td>
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<td>DAPA-HF and Next Steps with SGLT2 Inhibitors in Heart Failure</td>
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<td>John McMurray, MD</td>
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<td>SESSION 14</td>
<td>PRACTICE RECOMMENDATIONS IN DIABETES &amp; ASCVD – AN UPDATE</td>
<td>Contemporary Lipid Management Recommendations in the Prevention of CVD</td>
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<td>Christie M. Ballantyne, MD</td>
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<td>ESC/EASD 2019 CVD in DM Guidelines</td>
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<td>Peter J. Grant, MD</td>
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<td>ADA-EASD Practice Recommendations’ 2019 Update</td>
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<td>David A. D’Alessio, MD</td>
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<td>AACE 2020 DM &amp; Lipid Algorithm</td>
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<td>Yehuda Handelsman, MD</td>
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Yehuda Handelsman, MD, FACP, FNLA, FASPC, MACE
Chair & Program Director
4th Heart in Diabetes
Medical Director & Principal Investigator,
The Metabolic Institute of America
Tarzana, California

Mikhail N. Kosiborod MD, FACC, FAHA
Chair & Program Director
4th Heart in Diabetes
Professor of Medicine
St. Luke’s Mid America Heart Institute
University of Missouri-Kansas City School of Medicine
Kansas City, Missouri

George L. Bakris, MD, MA, Hon. DSc, FASN, FAHA
Professor of Medicine
Director, AHA Comprehensive Hypertension Center
The University of Chicago Medicine
Chicago, Illinois

Christie M. Ballantyne, MD, FACP, FACC
Chief, Sections of Cardiology and Cardiovascular Research
Professor, Departments of Medicine, Genetics and Physiology
Director, Center for Cardiometabolic Disease Prevention
Baylor College of Medicine
Houston, Texas

Richard C. Becker, MD, FAHA
Professor of Medicine
Director, Division of Cardiovascular Health and Diseases
Director and Physician-in-Chief,
University of Cincinnati Heart, Lung & Vascular Institute
University of Cincinnati College of Medicine
Cincinnati, Ohio

Joshua Beckman, MD, MS
Professor of Medicine
Director, Vascular Medicine Section
Vanderbilt Translational and Clinical Cardiovascular Research Center (VTRACC)
Vanderbilt University Medical Center
Nashville, Tennessee

Deepak L. Bhatt, MD, MPH, FACC, FAHA, FSCAI, FESC
Executive Director of Interventional Cardiovascular Programs,
Binghamton and Women’s Hospital Heart & Vascular Center
Professor of Medicine, Harvard Medical School
Boston, Massachusetts

Zachary Bloomgarden, MD, MACE
Editor, the Journal of Diabetes
www.jdiabetes.com,
Clinical Professor
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